

Train the Trainer
Two-Day Open Course
Overview

# Train the Trainer open course

This accredited Train the Trainer course is suitable for training professionals of all levels and will help you enliven, inspire and motivate your people with new coaching skills.

This is a dynamic, practical trainer training package suitable for professional trainers of all levels, regardless of which training sector you're in.

These training programmes are based on the effective training we give our own excellent experienced trainers in a supportive learning environment. We understand the challenges that can arise in a coaching session, and how even the most experienced trainers can be thrown off course if something goes wrong, no matter how many training qualifications they have.

So, this is not just a bit of training that will soon be forgotten. Our engaging training sessions will give you the confidence to know that whatever is thrown at you, you will be able to make it work as an effective trainer upon successful completion.

This two-day training course will help your professional development and teach you how to deal with everything from tough topics and individual learners' needs to working the room and designing training manuals for online courses and classroom sessions. Our two-day training course will help with your continuous professional development with public speaking tips and communication skills.

The content of each workshop will be shaped around the needs of the delegates, making the work relevant and practical.\*

Ahead of the course, we'll provide pre-course preparation to get juices flowing and the mind focused...



- Adapting Your Style and the Training Manual
- Matching The Training Material To The Situation
- Working With Difficult People
- Changing Tack Quickly
- Meeting People's Needs
- Handling Delegates' Anxieties
- Surprising Your Participants
- Making Learning Exciting In both Online Courses and Classroom Training Courses
- Working Your Room As An Effective Trainer
- Changing The Dynamic



# Train the Trainer two-day open course

## \*Course Content - Day One

- Understanding group dynamics in effective training sessions
- Identifying your personal training style and training skills and staying true to them
- Working the room in online courses and in-person training programmes

- Turning the volume up and down
- Setting the tone as an effective trainer
- Using anecdotes and personal stories

- Managing your own delegates through a training cycle
- Keeping the energy going in long training sessions
- Dealing with tough topics, difficult participants and situations



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## \*Course Content - Day Two

- Seeing what's going on
- Removing' yourself from proceedings
- Recognising behaviour, learning styles, patterns, and beliefs
- Realising that everyone sees things differently
- Seeing and dealing with sudden changes in your training environment

- Dealing with undermining situations
- Making sure that everyone reaches their learning objectives
- Playing out/rehearsing specific scenarios for in-house training and beyond
- Designing a Training Course and Training Programmes with learning objectives
- Wrapping up and reviewing our trainer training package for continuing professional development

# Train the Trainer one-to-one remote training

#### Benefits of One-to-One Skills Training

This Train the Trainer course is available as a 4-hour, one-to-one remote session.

Choose your time. Have a briefing call from your trainer and off you go.

The content of each session will be shaped around your needs, making the work relevant and practical.

- A completely personal, in-depth, and confidential look at your specific issues
- Dynamic, empathetic, and highly experienced coaches
- Get to the heart of your issues with speed and effectiveness
- Delivered online
- Four hours of personal one-to-one attention
- Pre-assessment of the issues you want to cover



### **Contact details**



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